

Biography, updated 2019.

The Fluffy Jackets

The Fluffy Jackets was formed by singer / songwriter **Helge Rognstad** and drummer **Ian Robinson** in 2006. The band performed a mix of covers and original material in London pubs and clubs, before releasing their self-titled debut EP in 2007 featuring special guest **Neil Murray** of **Whitesnake** fame. After the EP release, bass player **Jerry Bessent** joined the band permanently for live performances.



***Image:** The original Fluffy Jackets line-up, consisting of Jerry Bessent (Bass), Helge Rognstad (guitars and vocals), Ian Robinson (drums) was reunited for the 'Something from Nothing' documentary in 2019. (A limited-edition CD + DVD Digipack is available via Cargo Records).*

The band signed a recording contract with **Cargo Records** in 2013, and the debut album **Fighting Demons** was released the year after. By this time, drummer **Nick Rhodes** had taken over the drum stool while some very special guests were recruited to complete the album at the 1950's birthplace of rock'n'roll - **Sun Studio in Memphis TN**.

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Image (L-R): Manny Charlton, Robert Hall, Helge Rognstad and Neil Murray talks about the award-winning *Fighting Demons* (2014) album in the blues-rock documentary *Something from Nothing* (2019).

The legendary guitarist **Manny Charlton (Nazareth)** joined the band for the **Sun Studio** session, wrote a song called **"Can't Stop the Rain"** and produced parts of the album. The original **Whitesnake** bassist **Neil Murray** again joined to lend his melodic bass to the album, whilst **Robert Hall** - drummer with **Jerry Lee Lewis' Killer Band** completed the rhythm section for the **Sun Studio** recording. Other guests on the ***Fighting Demons*** record included the renowned UK blues-harmonica player **Steve "West" Weston** and vocalist from Swedish folk-rockers **Some Kind of Rubus (SKoR), Emil Gammeltoft**.

The first single **"Why Don't You Smile"** was distributed inside **Classic Rock Magazine** issue #194 on a CD compilation called **"Sharp Shooters"** and subsequently received considerable radio airplay in UK, USA and across Europe, even reaching Israel and Russia. The subsequent album ***Fighting Demons*** was a critical success, scooping the **"Best Studio Album of the Year" Award** in 2014, voted by listeners of the **"The Blues Hour"** radio show in France and the UK.

In 2016 **The Fluffy Jackets** began work on their sophomore album ***Something from Nothing*** with collaborator and producer **Manny Charlton (Nazareth)**. The first single outing from this effort came in December 2016 with a hard-rock reworking of the **Howling Wolf** classic **"44**

Blues” and was released for the benefit of staff at **Teamrock (Classic Rock Magazine)** who were laid off work just before Christmas 2016 without pay. The production of the full album would take over three years to make.



Image: *The Fluffy Jackets in Cordoba, Spain, during the recording of 'Something from Nothing' at Madmento Studio. (L-R) Helge Rognstad (guitars, vocals), Nick Rhodes (drums), Jerry Bessent (bass). The album is released as a Digipack (DVD+CD release) via Cargo Records, August 2019.*

Something from Nothing comprises of five original and four cover songs, showcasing a tribute to **Glen Campbell’s “Better Place” (Feat. Alison Cooper)** and the brand new single **“Give me Something”**.

The accompanying documentary film highlights the **Fluffy Jackets’** history along with four new music videos, never-seen-before interviews of the original band, live performances and a fly-on-the-wall perspective as **The Fluffy Jackets** create ***Something from Nothing*** with producer **Manny Charlton** in the studio. Additional bonus material includes retrospective interviews with **Neil Murray (Whitesnake)**, **Manny Charlton (Nazareth)** plus up-close inspection of guitars and amplifiers used to record the album, including a **Gibson Flying V** guitar previously used to record the **Nazareth** albums ***Play’N’ the Game*** (1976) and ***Expect No Mercy*** (1977).

The Fluffy Jackets feat. Manny Charlton - Something from Nothing

The new Fluffy Jackets' album *Something from Nothing* is available as a limited-edition Digipack (CD & DVD release) via Cargo Records. The music album will also be available on download and streaming sites including iTunes, Amazon, Deezer and Spotify.

The track listing is as follows:

Disc 1: The Album (CD):

1. Better place (duet with Alison Cooper)
2. Give me something
3. Everything must change
4. John the revelator
5. Welcome to the shoot-them-up
6. Tongues wag
7. Wrong before
8. Heaven only knows
9. 44 blues

Disc 2: The Documentary (DVD):

- "Something from Nothing" movie trailer
- The start of The Fluffy Jackets
- Hey Porter (music video)
- The first releases: "2007 EP" & "Fighting Demons"
- Creating "Something from Nothing" at Madmento Studio, Spain.
- Everything must change (music video: alternate version)
- Manny's Dobro used on 'Vicky' & 'Give me Something'
- Give me something (music video: alternate version)
- The left of the rack: studio equipment
- Manny Charlton's guitars
- Manny's pedal show
- Helge's guitars
- Gibson Flying V featurette

- Helge's pedals and amps
- Manny Charlton (Nazareth) interview, pt. 1
- Manny Charlton (Nazareth) interview, pt. 2
- Neil Murray (Whitesnake, Snakecharmer) interview
- Manny & 'The Big 3' (Les Paul, Stratocaster & Telecaster guitars)
- Let's do it again (outtakes)
- Better Place: Credits (music video)

Digital Release with Bonus tracks

The iTunes release includes two bonus tracks: a cover of Johnny Cash's "Hey Porter" and a radio edit of "Everything Must Change".

Links:

Official website:

www.fluffyjackets.co.uk

Link to The Fluffy Jackets' Electronic Press Kit (EPK) – with photos

<http://www.fluffyjackets.co.uk/3.html>

Link to a hires Fluffy jackets' logo (The Fluffy Jackets written in Eras Bold font):

http://www.fluffyjackets.co.uk/images/3press/The_Fluffy_Jackets_logo.jpg

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